

Mission

The mission of Haven is to partner with communities and families to improve the lives of individuals through the delivery of high quality specialty behavioral health services.

Vision

To be nationally recognized as a leader in the provision of specialty behavioral healthcare



Accreditation/Licensure

Haven is accredited by The Joint Commission, certified by the Centers for Medicare and Medicaid (CMS), and licensed by the Commonwealth of Pennsylvania Department of Public Welfare (DPW).



Directions

Directions from Eastern PA

422 West to 222 North take Penn Street Exit.
See directions from Penn Street below.

Directions from Northern PA:

Take PA Turnpike 476 South. To I-78 W Harrisburg. Merge onto 100 South toward Trexlertown. Follow signs to Reading (right hand turn) Merge onto 222 South. Follow 222 South for approx. 15 miles. Take the entrance ramp on the right toward 222 South. Follow 222 to 422 East to Penn Street Exit.
See directions for Penn Street below.

Directions from Philadelphia and Southeastern PA:

76 West to 422 West to Reading. Take the Penn Street Exit.
See directions for Penn Street below.

From Harrisburg and York, PA:

76 East to exit 222 North to Reading. Take 422 East to Penn Street Exit.

See directions for Penn Street below.

From Penn Street (As you near Haven Behavioral Hospital)

From Penn Street, travel 3 blocks, then turn left on 5th Street. Then turn right on Walnut Street, go one block, St Joseph Medical Center is on the right. Parking lots are on the left and side of the Hospital. Walnut Street Parking Garage is two blocks down the street on the right.

Haven Behavioral Hospital of Eastern Pennsylvania

145 North 6th Street • Reading, PA 19601

reading.havenbehavioral.com

Admissions: (610) 406-4346

Main: (610) 406-4340

Nurses Station: (610) 405-4383

Haven Behavioral Hospital of Eastern Pennsylvania does not discriminate against persons on the basis of race, creed, color, sex, sexual preference, age, physical and mental handicap origin, social or economic status



Reading's Premier Behavioral Health Hospital

Heritage Trail Older Adult Services



Admissions: (610) 406-4346
Main: (610) 406-4340
Nurses Station: (610) 405-4383

Heritage Trail Older Adult Services

Special Needs of Older Adults

Aging brings on many challenges. Decreased physical and mental capabilities, the loss of loved ones and reduced independence can mean significant changes in the lives of older adults. A sudden or prolonged change in behavior or mood may indicate a presence of mental illness. Specialized care may be needed and this is where Haven Behavioral Hospital of Eastern Pennsylvania can help.



Older Adult Services

Haven's Older Adult Program provides inpatient psychiatric stabilization and treatment to older adults experiencing acute symptoms of depression, anxiety, mood swings or psychosis.

Upon admission, each individual is assessed by the inter-disciplinary team of mental health professionals and receives a treatment plan to stabilize their mental health condition. The program goal is to provide individuals with the skills to manage their mental illness and return them to their best possible level of health.

Individuals are treated through a short-term program of comprehensive assessments, medication evaluation and stabilization before a coordinated return to an appropriate environment. At Haven, we work with the family, physician and other community agencies to meet the needs of older adults.

Clinical Services

All individuals are supervised 24 hours a day by our treatment team to provide support, structure and safety. Individuals meet with the psychiatrist on a regular basis and participate in group activities. The treatment team provides group sessions that include cognitive and emotional processing, coping strategies and goal-oriented treatment interventions.

Insurance

Haven is contracted with most public and commercial health insurance plans.

Interdisciplinary Treatment Team

Haven has a team of highly trained and experienced behavioral health professionals who work collaboratively with the individual, community providers and others to develop an individualized treatment and discharge plan. The core members of Haven's treatment team include:

- Psychiatrist and Other Medical Staff
- Registered Nurses
- Social Workers
- Master's Level Therapists
- Behavioral Health Technicians
- Other professionals are consulted as directed by the psychiatrist

Admissions

Referrals are accepted 24 hours a day, seven days a week by calling **(610) 406-4346**. If an individual is not appropriate for admission, our staff will direct the caller to appropriate services.

Our staff will coordinate the admissions process by working with the referral source, insurance company and family to assure a smooth transition into our program.



Admissions: (610) 406-4346
rintake@havenllc.com
reading.havenbehavioral.com